

“Stomping into Good Health”

Lori Bowers



Head Start Home Base and Early Head Start of Fayette County families were invited to the “Stomping into Good Health” Health Fair. The purpose of the Home Based Health Fairs is to complete a number of health requirements on the enrolled children. The health requirements include hearing and vision screenings, lead and hemoglobin tests, and dental exams. Head Start and Early Head Start of Fayette County partner with Cornerstone Care to offer their Mobile Dentist services for enrolled children. On October 11, 2021 and October 13, 2021 Home Based Families came “stomping” in to Connellsville Township and Lemont Furnace to our Health Fairs.

The events held in October were set with a dinosaur theme. Families had the opportunities to participate in several activities at the event as well. Activities ranged from “hatching” dinosaur eggs to painting dinosaur tracks. The various planned activities were age appropriate activities that used skills children learn during development. Children and families that completed the activities were able to take their artwork home, as well as the cloud dough for a “Dinosaur Dig” that they were able to make. The activities offered a great opportunity for parents or guardians to engage with their children.

The Child, Health, and Safety Team School Nurses completed hearing and vision screens, and lead and hemoglobin testing on children who attended. Cornerstone Care Dental provided dental exams and oral hygiene education to families. The Child, Health, and Safety Nutrition Team served a tasty treat of turkey or ham sandwiches and pumpkin fluff dip.

Not only were families able to have fun they had the opportunity to learn the importance of preventative medical care and oral health care. It was an enjoyable time for the parents and children who attended!