

HOMEMADE TOOTSIE ROLLS

½ cup honey

¼ cup plus 2 tablespoons unsweetened cocoa powder, sifted

1 teaspoon pure vanilla extract

1 tablespoon unsalted butter, melted



¼ cup powdered sugar, sifted

Pinch of salt

1 to 1 ¼ cup instant non-fat dry milk powder

In a large bowl, combine honey, cocoa powder and vanilla using a whisk. Add the melted butter and whisk until mixed well. Add in the powdered sugar and pinch of salt; whisk again until well combined.

Using a wooden spoon, mix in the instant milk powder ¼ cup at a time until a dough forms. When you can no longer stir the mixture with a spoon, knead it with your hands. Keep adding in milk powder until a firm dough forms. You may not have to use all the milk powder. The finished dough should be firm and a little sticky but not so sticky that you can't handle it. Roll the dough into a ball and place on waxed paper lightly sprayed with cooking oil.

Let dough rest uncovered on the wax paper for 5-10 minutes. As the candy stands it will relax from a ball shape into a disc. Cut candy into ¾-inch strips and then into 2-inch lengths. If candy sticks to the knife, spray it with cooking oil or coat it with butter.

Cut wax paper into 3 ½ x 5 inch pieces. Wrap candies with the wax paper pieces.

Store candies in an air-tight container in the refrigerator. Bring to room temperature before serving.



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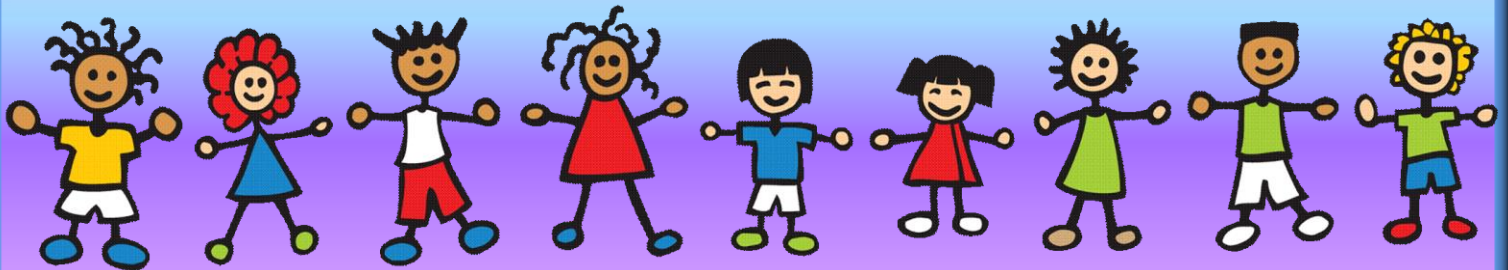
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Raise your words
not your voice.
It is rain that grows
flowers, not thunder.

- Rumi



The S.E.E.D.S Bulletin



Homemade Tootsie Rolls

COE: SEEDS to host group leader trainings this summer

How six year old children develop socially & emotionally

FAQ Corner: My child reverses his letters. Should I be worried?

Private Industry Council of Westmoreland/Fayette, Inc. - Head Start/Early Head Start/Center of Excellence

The S.E.E.D.S Bulletin

Social-Emotional Early Developmental Success



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Thank you to all who attended the 3rd annual Parent Training Event at WCCC. Your participation was much appreciated in making this event a huge success. A special thank you to all those who worked for months behind the scenes. Hats off to all of the agencies and their willingness to come together to make this event possible!



FREE GROUP LEADER TRAININGS

Parent Workshop

June 29, 30 & July 1 (8:00-3:30)

Recommended for early interventionists, early childhood teachers (Pre-K through age 8), Head Start/Early Head Start providers, home visitors, family service workers, and others who work with parents or other caregivers of children. The training teaches the following content: child-directed play, academic, persistence, social and emotional coaching, praise and encouragement, predictable routines, effective limit setting, nonphysical discipline alternatives, teaching children to problem solve, and supporting children's education. After this training you will be able to train your staff and/or parents on best practice for promoting school readiness skills.

How Six Year Old Children Develop Socially and Emotionally

Six year olds:

- confident and enjoy showing their talents
- display an increasing awareness of emotions
- develop better techniques for self-control
- can label what others are feeling (e.g., frustrated, excited)
- may be explosive under stress
- share food and toys with friends
- easily establish and terminate friendships
- desire to make up with others
- express needs and wants in appropriate ways



<http://www.pbs.org/parents/childdevelopmenttracker/six/socialandemotionalgrowth.html>

Classroom Management June 29 & 30 (9:00 – 4:30)

Learn how to deliver the Incredible Years® Program to preschool and early school-age teachers (Pre-K through age 8). The Teaching Pyramid® focuses on how to strengthen teacher classroom management strategies, promote children's pro-social behavior and school readiness (reading and writing skills), and reduce classroom aggression and non-cooperation with peers and teachers. Additionally, the program helps teachers work with parents to support their school involvement and promote consistency between home and school. Upon completion, leaders can offer this curriculum to groups of early childhood educators.

Call 724-430-4818 ext. 3109 or 3226 to register. Accepting the first 25 registrants of each training.

FAQ CORNER

Q: My child reverses his letters. Should I be worried?

A: Most young writers reverse the letters. It's a common occurrence through second grade.

Many parents see these small mistakes and jump to the conclusion that their child has dyslexia. But that's usually not the case. When you think about it, *b*, *d*, *p* and *q* are all really the same letter. They're just turned in different directions.

It's also not unusual for young children to write words entirely backwards, such as writing *gip* instead of *pig*. None of these mix-ups are cause for alarm unless your child is older than 7. In fact, letter reversals are developmentally appropriate for young writers. As children do more writing, these mistakes will usually disappear on their own.

It's important for kids to practice writing letters and words in the correct direction. Point out errors gently and kindly, and offer help if your child is confused or frustrated about which direction the letter should face.

The vast majority of children will grow out of this stage on their own.

<https://www.understood.org/en/learning-attention-issues/child-learning-disabilities/writing-issues/my-child-reverses-letters-are-they-dyslexic>

